



# THE HULL & EAST RIDING KARATE ACADEMY

## Certificate of Achievement 2019

### Sporting Excellence in Karate

#### National Level

## Alex Krzeminski

This is to certify that Alex Krzeminski has achieved the standard of Sporting Excellence in Competition Sport Karate. Alex competed at National Championships throughout England in 2019 winning the medals and titles listed below:-

### Championship Success - 5 Gold 2 Bronze

#### Yorkshire Open Championships - 10<sup>th</sup> February, Barnsley

Bronze - Individual Kumite

#### Shindo Kai Championships - 24<sup>th</sup> March, Barnsley

Gold - Individual Kumite

Gold - Team Kumite

#### Shindo Kai Grass Roots Championships - 30<sup>th</sup> June, Barnsley

Gold - Individual Kumite

Gold - Team Kumite

#### Shindo Kai Championships - 17<sup>th</sup> November, Barnsley

Gold - Individual Kumite

Bronze - Team Kumite

Congratulations on your sporting achievements throughout 2019. Well done Alex.

Sensei Wayne Clarke 3<sup>rd</sup> Dan

Head Coach - The Hull & East Riding Karate Academy



British  
Karate  
Federation

